



# East Sussex Better Together: transforming health and social care

East Sussex Better Together (ESBT) is our 150-week programme to transform health and social care. It's about making sure we use our combined £800million annual budgets to achieve the best possible services for local people. ESBT encompasses everything we do and our entire population – spanning acute and community care, mental health, prevention, specialist services, social care provision and our GP localities.

ESBT is led by:

- NHS Hastings and Rother CCG
- NHS Eastbourne, Hailsham and Seaford CCG
- East Sussex County Council

As of 1 April 2016 we're in week 89 of 150.

## Why?

“Our population is growing and people are living longer. Demand for health and social care is increasing rapidly, but the money we have is likely to stay about the same. More and more people need long-term health and social care support, so we need to make sure it's provided in a joined-up way. This means we need to promote physical and mental health and wellbeing, help people to help themselves, provide high quality treatment and care services and support community resilience.”

– Dr Mark Barnes, Clinical Director

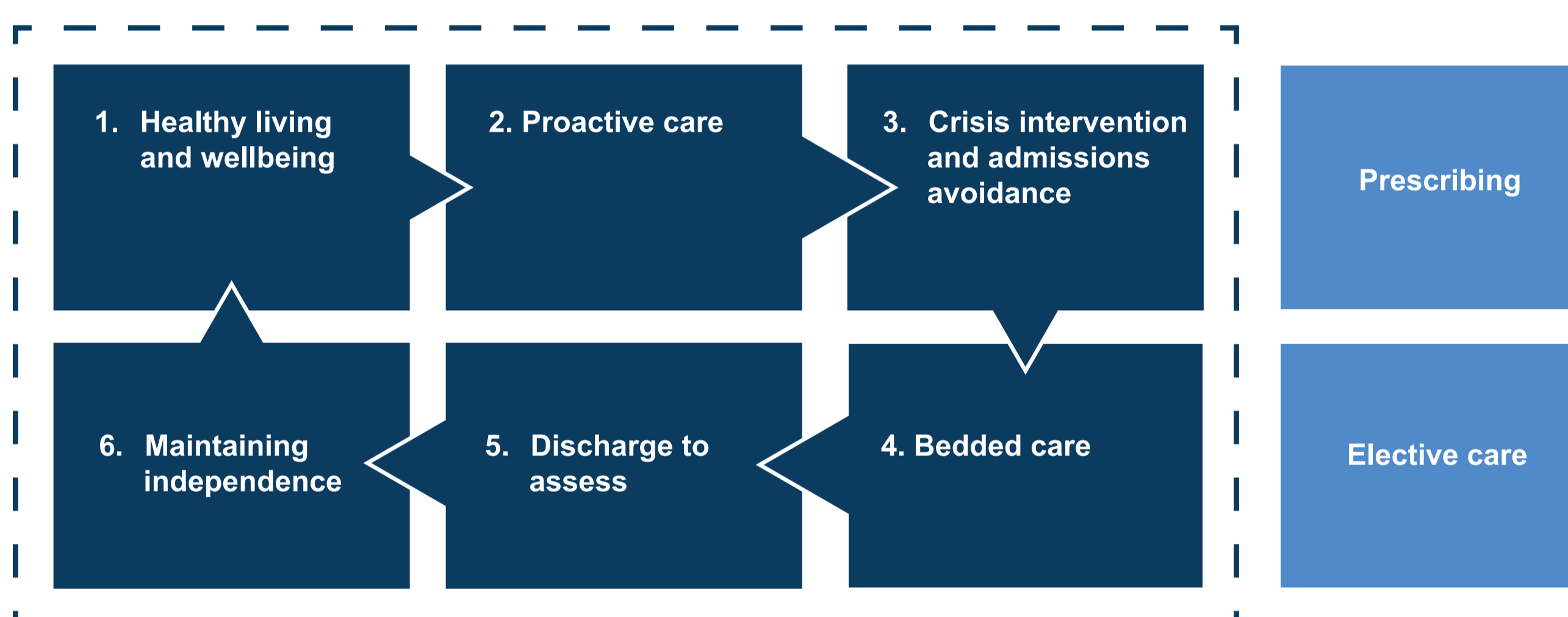
## Our vision

We're developing a fully integrated health and social care system based on a new model of care that describes the services and support required throughout the whole cycle of a person's care.

### So, ESBT will:

- Ensure every patient and client enjoys proactive, joined-up care that supports them to live as independently as they can and achieve the best possible outcomes
- Keep people as well as possible and act quickly when they become unwell or need help
- Ensure people have access to the services when and where they need them
- Help people stay in or close to home and minimise hospital admissions.
- Ensure services are effective and affordable.

### Our 6+2 box model



## What we're already delivering:

### Bringing together health and social care

- Locality-based teams of health and social care professionals under single line management. For the first time, local people's health and social care needs will be provided by one team, in a convenient place.
- Health and Social Care Connect – a phone service that's helping people and professionals to receive the right care and support faster.

### Transforming urgent and emergency care

- A new urgent care model providing new integrated care hubs at the front of emergency departments and extending access to community-based seven-day urgent care services.

### Improving health and wellbeing

- A vast range of projects to prevent illness, tackle health inequality, promote healthy living and enable people to take more control and responsibility for their health and wellbeing.

### Improving primary care and community services

- Investing more in the quality and consistency of services available in communities, GP practices and outside of hospitals.

### Involving local people

- We've embedded public, patient, carer and community engagement into the heart of our programme through innovative communications and engagement activities.

### New models of care

- We're working towards a primary and acute care systems (PACS) model to incentivise and enable health and social care providers to be accountable for the positive health outcomes of our population. Working towards a business case for November 2016.

For more information visit our website [eastsussex.gov.uk/esbt](http://eastsussex.gov.uk/esbt) or email [eastsussex.bettertogether@eastsussex.gov.uk](mailto:eastsussex.bettertogether@eastsussex.gov.uk)